The Holy Rosary

Jesus, I Love You

How to Pray the Rosary

To Begin

1. Make the Sign of the Cross, then pray the Apostles' Creed on the crucifix.
2. On the first large bead, pray the Our Father.
3. On the next three beads, pray a Hail Mary on each, for faith, hope and charity.
4. Pray the Glory Be.

Each Decade: Pray These Five Times, Once for Each Mystery

5. Announce the Mystery, then pray the Our Father on the large bead.
6. On the ten small beads, pray ten Hail Marys while thinking about the Mystery.
7. Pray the Glory Be and the Fatima Prayer.

To End

8. Pray the Hail, Holy Queen.
9. Finish with the Sign of the Cross.

The Prayers

The Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth;
and in Jesus Christ, His only Son, our Lord;
who was conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died, and was buried.
He descended into hell; the third day He rose again from the dead;
He ascended into heaven,
and sitteth at the right hand of God, the Father Almighty;
from thence He shall come to judge the living and the dead.
I believe in the Holy Spirit, the holy Catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting.
Amen.

The Our Father

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen.

The Hail Mary

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

The Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The Fatima Prayer

O my Jesus, forgive us our sins,
save us from the fires of hell,
lead all souls to Heaven,
especially those in most need of Thy mercy.
Amen.

Hail, Holy Queen

Hail, holy Queen, Mother of mercy,
our life, our sweetness and our hope.
To thee do we cry, poor banished children of Eve;
to thee do we send up our sighs,
mourning and weeping in this valley of tears.
Turn then, most gracious advocate,
thine eyes of mercy toward us;
and after this our exile,
show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary.
Pray for us, O holy Mother of God,
that we may be made worthy of the promises of Christ.
Amen.

The Mysteries

One Mystery for each decade, five in each set

The Joyful Mysteries

Mondays and Saturdays

1. **The Annunciation.** In a small house in Nazareth, the angel Gabriel greets a young girl. Mary is troubled at first, then gives God her yes. *Grace: Humility.*
2. **The Visitation.** Mary hurries through the hill country to her cousin Elizabeth. At Mary's greeting, the child John leaps for joy in Elizabeth's womb. *Grace: Love of neighbor.*
3. **The Nativity.** There is no room at the inn. In a stable in Bethlehem, Mary lays her newborn Son, the Son of God, in a manger. *Grace: Poverty of spirit.*
4. **The Presentation in the Temple.** Mary and Joseph bring the infant Jesus to the Temple. Old Simeon takes Him in his arms and praises God. *Grace: Obedience.*
5. **The Finding of Jesus in the Temple.** After three days of searching, Mary and Joseph find the twelve-year-old Jesus in the Temple, sitting among the teachers. *Grace: Joy in finding Jesus.*

The Luminous Mysteries

Thursdays

1. **The Baptism of Jesus.** Jesus, who has no sin, steps into the Jordan to be baptized by John. The heavens open, and the Spirit comes down like a dove. *Grace: Openness to the Holy Spirit.*
2. **The Wedding at Cana.** At a wedding feast the wine runs out. Mary tells Jesus, and He changes water into wine, His first sign. *Grace: To Jesus through Mary.*
3. **The Proclamation of the Kingdom.** Jesus walks the towns of Galilee, preaching the Kingdom of God, healing the sick and forgiving sinners. *Grace: Repentance and trust.*
4. **The Transfiguration.** On a high mountain, Jesus' face shines like the sun before Peter, James and John, and Moses and Elijah speak with Him. *Grace: Desire for holiness.*
5. **The Institution of the Eucharist.** At the Last Supper, the night before He dies, Jesus takes bread and wine and gives the Apostles His Body and Blood. *Grace: Adoration.*

The Sorrowful Mysteries

Tuesdays and Fridays

1. **The Agony in the Garden.** In the garden at night, Jesus prays in anguish while His friends sleep. His sweat falls like drops of blood. *Grace: Sorrow for sin, and the strength to accept God's will.*
2. **The Scourging at the Pillar.** Jesus is bound and scourged by Roman soldiers. He bears every blow for our sins. *Grace: Purity.*
3. **The Crowning with Thorns.** The soldiers press a crown of thorns onto His head, dress Him in purple and mock Him as a king. *Grace: Courage.*
4. **The Carrying of the Cross.** Weak from the scourging, Jesus carries His cross toward Calvary, and Simon of Cyrene is made to help Him. *Grace: Patience.*
5. **The Crucifixion.** Nailed to the cross, Jesus forgives those who crucify Him, gives His mother to John, and dies for us. *Grace: Perseverance.*

The Glorious Mysteries

Wednesdays and Sundays

1. **The Resurrection.** Early on the first day of the week, the women find the stone rolled back and the tomb empty. *Grace: Faith.*
2. **The Ascension.** Forty days after rising, Jesus blesses His disciples and is taken up into heaven before their eyes. *Grace: Hope.*
3. **The Descent of the Holy Spirit.** Mary and the Apostles are praying together when the Holy Spirit comes, with a mighty wind and tongues of fire. *Grace: Love of God, and the courage to share our faith.*
4. **The Assumption of Mary.** At the end of her life on earth, Mary is taken up, body and soul, into the glory of heaven. *Grace: Devotion to Mary, and the grace of a holy death.*
5. **The Coronation of Mary.** Mary is crowned Queen of Heaven and earth. She reigns beside her Son and prays for us. *Grace: Trust in Mary's prayers, and perseverance to the end.*